

1. (Currently Amended) A storage management system for backing up digital content of a storage system comprising a plurality of units of storage, wherein the storage management system comprises:

at least one data store;

wherein the storage management system automatically ~~intercepts~~ records information associated with all write commands ~~issued~~ directed to the plurality of units of storage, each write command comprising an instruction to overwrite at least one of the plurality of units ~~unit~~ of storage with new data;

wherein the storage management system copies, prior to ~~execution of each write command~~ overwriting the at least one unit of storage, old data present at the at least one unit of storage into the at least one data store, wherein ~~a record of the old data is timestamped~~, thereby continuously indexing by timestamp old data to be overwritten with new data prior to execution of each write command ~~storing backup data that correspond to a time period uninterrupted by any pre-existing volume-level snapshot of the plurality of units of storage~~; and

wherein the storage management system is further configured to identify ~~historic~~ old data that were present in a specified portion of the plurality of units of storage

during ~~the~~ a specified time period prior to being
overwritten based at least in part on the ~~backup data~~
timestamp, ~~the identification identifying less than a pre-~~
~~existing volume level snapshot of the storage system.~~